

Student Support at ELTE Faculty of Informatics

Well-being promotion and dropout prevention



dtk.elte.hu

dropoutprevention.inf.elte.hu



Who we are?

The Student Support Centre (DTK) was established at the Faculty of Informatics of ELTE with the aim of supporting student life. Members of the DTK are psychologists and teachers with the ability to facilitate the well-being of students and support them to succeed in their studies.

What are we doing?

Community building

- support for student clubs and study circles
- organize city tours and hikes
- facilitate senior students, peer support, mentor teachers and community building



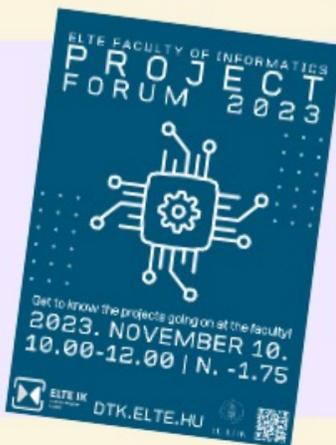
Soft skill development

- teaching methodology training for undergraduate and postgraduate students (demonstrators)
- we organise soft skills workshops which are open to all our students e.g.: study skills, stress management, communication, time management and interpersonal skills development



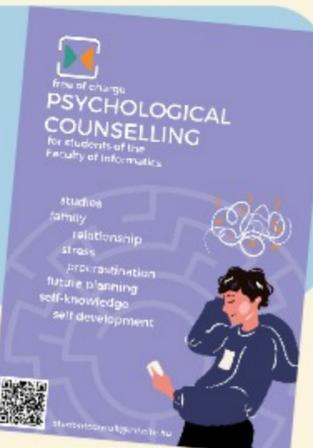
Research

- facilitation of data-driven decisions by education management through analysis of the effectiveness of education reforms
- profiling computer science students through their performance and psychological characteristics
- exploring coping strategies of different generations of students starting university



Mental health

- one-on-one counselling for students and employees
- well-being development trainings for any student
- support for students with special needs e.g.: people with disabilities or learning difficulties



Mentor system

Each group has a designated mentor teacher, a senior student and a psychological trainer to help them navigate their freshman year. It is embedded in a compulsory course.

- psychological trainers help build a cohesive team during curriculum-embedded trainings

- courses include study skills, stress management, communication, time management, social and intercultural skills development

- monitoring the academic performance of first-year students to prevent dropout
- measuring the efficiency of interventions



A year in numbers

ca. 1000 first year students

6 active student clubs

ca. 50 senior students
ca. 50 mentor teachers

6 guided tours

3 teaching method courses

ca. 150 demonstrators

ca. 250 training sessions

6 workshops

annual report

ca. 50 soft skill training courses

database growing by 1000 people

1-2 publications and 2-3 conference participations

ca. 1300 individual counselling sessions

ca. 150 cases



Where do we work?

Auhtors: Viktória Nagy PhD Candidate, Albert Mihály, Szilvia Makai, Rita Takács PhD
2024.10.10., Pécs, Hungary, Promoting the wellbeing concept at medical and public sector of the Visegrad Region
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